



The Direct Means to Eternal Bliss

Michael Langford

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Historically not even one out of every one million humans have succeeded in bringing the impostor self and all suffering to a final end, thus remaining in the true Self whose nature is infinite eternal awareness love bliss. The reason so few humans have succeeded is because usually the impostor self does not want to end. The impostor self has thousands of strategies to prevent it from being exposed and being brought to an end. Some of those strategies appear in the form of thoughts, concepts, beliefs, ideas, opinions, distractions, detours, delays, desires, and feelings. The human mind has thousands of layers of self-deception. The Direct Means to Eternal Bliss exposes the impostor self, some of its preservation strategies and layers of self-deception. Detailed instructions are described for more than nine methods aimed at bringing the impostor self and all suffering to a final end, so that what remains is infinite eternal awareness love bliss. This is the seventh and most current edition of The Direct Means to Eternal Bliss. Many changes have been made to the book since the previous edition. The authors praise of the book has been removed. The sentences are no longer numbered. The type has been changed to Georgia 13. The book has a different cover. Many other changes have been made to the content of the book. The previous edition was published under the title The Most Direct Means to Eternal Bliss.

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