



# Multicultural Counseling Workbook: Exercises, Worksheets & Games to Build Rapport with Diverse Clients

*Leslie Korn*

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## **Multicultural Counseling Workbook: Exercises, Worksheets & Games to Build Rapport with Diverse Clients** Leslie Korn

Cultural competency begins with knowing who you are. Interactive, engaging and fun—this workbook is filled with valuable exercises, worksheet, games and clinical strategies to help you become more culturally competent. Use this powerful tool to explore cultural communities, religion, spirituality, gender, sexuality and disability. You'll find unique activities to help you reflect on your own attitudes, prejudices, and develop new skills for working with and building rapport with diverse clients.

Group Discussion Questions

Client Worksheets

Multimedia Resources

Strategies for Client Engagement

Mindfulness & Meditation Activities

Therapist Worksheets, Exercises and Case Vignettes

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A lot of people always spent all their free time to vacation or maybe go to the outside with them family or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or playing video games all day long. If you need to try to find a new activity here is look different you can read a book. It is really fun for yourself. If you enjoy the book which you read you can spent all day long to reading a reserve. The book Multicultural Counseling Workbook: Exercises, Worksheets & Games to Build Rapport with Diverse Clients it is rather good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. When you did not have enough space bringing this book you can buy the e-book. You can m0ore very easily to read this book through your smart phone. The price is not to cover but this book has high quality.

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