



# Crohn's and Colitis For Dummies

*Tauseef Ali*

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**Crohn's and Colitis For Dummies** Tauseef Ali

**The ultimate reference for those with Crohn's and colitis and their family and friends**

Crohn's disease and colitis are frustrating, often debilitating gastrointestinal diseases that can have a severe impact on the overall health of those who suffer from them. According to the latest estimates, more than 600,000 patients in North America have Crohn's disease. Written by a physician specialising in the treatment of IBDs, *Crohn's and Colitis For Dummies* is a complete plain-English guide to understanding, treating, and living well with these diseases.

- Helps readers actively recognize symptoms of Crohn's and colitis and explains the diagnostic procedures doctors use to identify these diseases
- Outlines how the whole body is affected by Crohn's and colitis, and the potential hazards of letting the disease go untreated
- Offers expert advice and guidance on controlling Crohn's and colitis with diet and outlines the treatment options of medicines and surgery, including the various risks and benefits of each
- Provides practical advice for parents of children with Crohn's and colitis with insights into how children's treatment options can differ from those of adults

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