



"Alzheimer's: So That's What It's Going to Be"

Jim Bergstrom

Catherine Bergstrom

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Chances are everyone knows someone who has Alzheimer's: a neighbor, grandparent, sibling, uncle. This disease is like a tsunami rolling over our society. We had been married for 46 years when Jim, my husband and retired Navy Captain, was diagnosed with Alzheimer's. An Alzheimer's diagnosis is something no one wishes to hear, but Jim accepted it with equanimity and so began this new chapter in our lives. We entered a world different from what we had known; a world of care givers, day care centers, and assisted living. At the same time, we were sustained by supportive family, an Alzheimer's support group, human angels, and our living faith. As every person is different, our story is unlike anyone else's, but the impact is the same. The disease is relentless and inevitably the downward spiral began for Jim. Remarkably, during the challenging time of Jim's illness, I saw more clearly the character of this fine man; his sense of humor, his faith, his respect for others and the discipline and determination to be who he had been for as long as he could. Catherine Bergstrom lives in Annandale, VA and is a member of Lord of Life Lutheran Church in Fairfax, VA. She has two married daughters and five grandchildren. Catherine has written two previous books: I Know This is What I'm Supposed to Do; a Story of Loss and Comfort and The Great Divide Visited, Claiming God's Grace.

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Buddy Stewart:

A lot of people always spent their very own free time to vacation or go to the outside with them household or their friend. Do you know? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. If you need to try to find a new activity honestly, that is look different you can read some sort of book. It is really fun in your case. If you enjoy the book that you simply read you can spent all day long to reading a book. The book "Alzheimer's: So That's What It's Going to Be" Jim Bergstrom it doesn't matter what good to read. There are a lot of people that recommended this book. These were enjoying reading this book. When you did not have enough space to deliver this book you can buy the actual e-book. You can m0ore very easily to read this book from the smart phone. The price is not to cover but this book has high quality.

Michele Brown:

Playing with family in a park, coming to see the ocean world or hanging out with buddies is thing that usually you could have done when you have spare time, then why you don't try point that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love "Alzheimer's: So That's What It's Going to Be" Jim Bergstrom, you can enjoy both. It is excellent combination right, you still wish to miss it? What kind of hangout type is it? Oh can happen its mind hangout guys. What? Still don't obtain it, oh come on its called reading friends.

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