



## Eating Disorders: 39 (Issues Today)

*Lisa Firth*

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## **Eating Disorders: 39 (Issues Today)** Lisa Firth

Young people often worry about their size and shape, and in some this can give rise to an eating disorder such as anorexia or bulimia. This book looks at the types of disordered eating which affect many young people today and at how charities, the government and families can help men and women who suffer from these eating disorders. The information comes from a variety of sources, including government reports and statistics, newspapers and magazine articles, surveys and polls, academic research and literature from charities and lobby groups; articles have been tailored to an 11 to 14 age group. Additionally, at the end of each chapter are two pages of activities relating to the articles and issues raised in that chapter.

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