



Running the Rapids

Kevin Leman

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Ever been white-water rafting? That sudden rush of adrenaline, exhilaration, and white-knuckle terror and that overwhelming sense of foreboding that leaves you gasping for breath and hoping against all hope you'll live to see another day? If so, then you know the thrill, the terror, the risks, and, yes, the rewards of raising adolescents! So strap on your life preserver and join Dr. Kevin Leman as he guides you through the turbulent waters of adolescence. Peer pressure, self-image, dating, sex—Leman covers them all in his trademark “no-holds-barred” style that will bring a smile to the faces and hope to the hearts of even the most beleaguered parents.

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