

Principles and Practices of Naturopathic Botanical Medicine: Volume 1: Botanical Medicine Monographs

Dr. Anthony Godfrey, Dr. Paul Saunders



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Principles & Practices of Naturopathic Botanical Medicine is designed specifically as an educational textbook for core courses in botanical medicine at naturopathic medicine college and conventional medical or pharmacology schools that offer complementary and integrative healthcare courses. The information digested in this book combines the best traditional herbal wisdom with the most recent evidence-based research. These traditions include Western herbalism, energetics, homeopathy, and eclecticism, as well as traditional Chinese and Ayurvedic botanical medicine. Beyond these traditions, the emphasis is on contemporary research in phytochemistry and pharmacognosy. No other textbook on botanical medicine offers this reach into different but equally successful herbal approaches to healing. Learning Features and Enhancements - Presents 250 monographs classified by body system from cardiovascular to respiratory systems - Focuses on phytochemical constituents, pharmacology, actions, indications, and posology - Emphasizes safety, interactions, toxicity, contraindications, side effects and cautions - Integrates traditional Chinese medicine protocols for the herb, homeopathic symptom pictures, and eclectic specific indications - Provides a quick clinical reference guide condensing key constituents, actions and indications - Covers most herbs tested on the NPLEX II licensing examination

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