



How to Spread Sanity on a Cracker

Jackie Hennessey

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How to Spread Sanity on a Cracker: Mom-to-mom whines, cheese, rants and recipes is an award-winning book that delivers a strong dose of comic relief for all women who find themselves overwhelmed with the temporary insanity wrought by beings under four feet tall. Like many mothers, author and blogger, Jackie Hennessey, has her days. Sometimes, the only thing she needs in order to cope with motherhood's ups and downs is to vent with other moms. That and vast amounts of cheese dip. A hilarious collection of mommy whines and cheese dip recipes culled from mothers across the country, including many truths from the author, How to Spread Sanity on a Cracker makes the perfect gift for moms everywhere. Included are such delectable morsels as: • The horrors of shopping with kids • How to make Tex-Mex Cream Cheese Dip • What to do when your child gets a potty seat stuck to her head • The recipe for Gourmet Cheddar Dip with Dried Figs Because this book is written by a mother, the short, fun-to-read chapters can be consumed in real mommy time!

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