



# Voices of Insight

*Sharon Salzberg*

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**Voices of Insight** Sharon Salzberg

In this anthology, leading Western teachers of Buddhism share their personal experiences on the path of insight meditation; their understanding of the basic teachings of the Buddha; the lessons they've learned in their training with their own teachers; and some good advice on following the Buddha Dharma in everyday situations of work, family, and service.

Contributors  
include:

- Jack  
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- Sharon  
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- Larry  
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- Sylvia  
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- Christopher  
Titmuss
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- Steve  
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- Narayan  
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- Bhante  
Gunaratana
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- Kamala  
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