



Counselling for Post-traumatic Stress Disorder (Therapy in Practice)

Michael J Scott, Stephen G Stradling

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Counselling for Post-traumatic Stress Disorder, Third Edition addresses the specifics of counselling clients who have suffered major trauma, whether recently or in the past, and includes 18 detailed case examples together with transcripts of sessions. The authors' cognitive contextual approach translates the psychobiology of trauma responses into clinically useful analogies and simple drawings that guide the therapist and client. The book is unique in covering the diagnosis and treatment of the full spectrum of post-traumatic states.

In this fully updated **Third Edition** the needs of special populations - children/adolescents, refugees and those in pain - are also addressed. Additional material includes a new PTSD screening inventory and a counselling competence scale.

Counselling for Post-traumatic Stress Disorder, Third Edition is an invaluable, comprehensive aid for both the experienced and novice therapist working with trauma victims.

Michael J. Scott is a Consultant Psychologist and External Examiner for the MSc Cognitive and Behavioural Psychotherapies Programme at the University of Chester. **Stephen G. Stradling** is Professor of Transport Psychology at Napier University.

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Counselling for Post-traumatic Stress Disorder (Therapy in Practice) can be one of your starter books that are good idea. We recommend that straight away because this publication has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining however delivering the information. The author giving his/her effort to place every word into satisfaction arrangement in writing Counselling for Post-traumatic Stress Disorder (Therapy in Practice) however doesn't forget the main place, giving the reader the hottest along with based confirm resource information that maybe you can be one of it. This great information may drawn you into fresh stage of crucial thinking.

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