



# Forget Me Not: A Memoir

*Jennifer Lowe-Anker*

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## **Forget Me Not: A Memoir** Jennifer Lowe-Anker

This is a personal account of one of the greatest losses in the climbing world. It is an elegant and gripping story of tragedy, as well as unexpected joy. It is an entree into the emotional world of climbers and their families. The benefits are given to the Nepal-based Khumbu Climbing School. In 1999 Jennifer Lowe's husband Alex Lowe died tragically in an avalanche on the Himalayan mountain Shishapangma, leaving her alone to raise three sons. Alex was widely considered one of the greatest modern climbers and the world mourned his loss - Tom Brokaw did a one-hour special for Dateline, and Sting narrated and composed music for a tribute film. While Jenni and her sons faced the absence of the most important man in their lives, Alex's best friend and longtime climbing partner, Conrad Anker, was dealing with the terrible loss, as well as feelings of survivor's guilt. Jenni and Conrad gradually, and unexpectedly, found solace in one another and married in 2001 - Conrad is now the adoptive father of the three Lowe children. Through letters and expedition notes from Alex, "Forget Me Not" spans continents and tells the story of three people whose lives intertwine to a degree they could never have imagined.

Jenni's account takes readers inside a woman's heart and mind as she navigates her shattered life and survives, ultimately finding transformative love through her great loss. From the valleys of Montana to the peaks of the Himalayas, this never-before told story exposes the controversial yet ultimately redemptive power of love. The foreword is by Jon Krakauer.

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