



Climbing the Mountain: My Search for Meaning

Kirk Douglas

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With the simple power and astonishing candor that made his 1988 autobiography, *The Ragman's Son*, a number one international bestseller, Kirk Douglas now shares his quest for spirituality and Jewish identity -- and his heroic fight to overcome crippling injuries and a devastating stroke.

On February 13, 1991, at the age of seventy-four, Kirk Douglas, star of such major motion-picture classics as *Champion*, *Spartacus*, and *Paths of Glory*, was in a helicopter crash, in which two people died and he himself sustained severe back injuries. As he lay in the hospital recovering, he kept wondering: Why had two younger men died while he, who had already lived his life fully, survived?

The question drove this son of a Russian-Jewish ragman to a search for his roots and on a long journey of self-discovery -- a quest not only for the meaning of life and his own relationship with God, but for his own identity as a Jew. Through the study of the Bible, Kirk Douglas found a new spirituality and purpose. His newfound faith deeply enriched his relationship with his own children and taught him -- a man who had always been famously demanding and impatient -- to listen to others and, above all, to hear his own inner voice.

Told with warmth, wit, much humor, and deep passion, *Climbing the Mountain* is inspirational in the very best sense of the word.

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