



# Treating Complex Trauma in Children and Their Families: An Integrative Approach

*Cheryl B. Lanktree, John N. (Neale) Briere*

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One of the few books on the treatment of psychological trauma in children that provides specific, in-depth individual, group, and family therapy interventions for complex psychological trauma, **Treating Complex Trauma in Children and Their Families: An Integrative Approach** focuses on the treatment of 6-12 year-old children and their relevant family members. Renowned authors Cheryl B. Lanktree and John N. Briere use their evidence-based, yet flexible treatment model, *Integrative Treatment of Complex Trauma for Children (ITCT-C)*, as they address the use of play therapy, attachment processing, mindfulness, and other approaches, as well as interventions with family/caretaker and community systems. The authors emphasize a culturally sensitive, destigmatizing, and empowering perspective that supports both recovery and posttraumatic growth. Clinical examples and specific tools illustrate how assessment is used to guide individualized and developmentally-appropriate interventions.

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