



The Gladiator's Mind: Triumph of the warrior within

Niranjan Seshadri

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Good and evil are part of our world today as they have been for thousands of years. The visible manifestation of these forces is evident in the world. On a deeper level, in the private universe of each individual's mind, there is a constant raging battle between negative and positive thoughts. The vast memory bank supplies the necessary replenishment for this fight to continue. It is not easy to declare a winner or a loser in this eternal cycle. Our perception of the world is captured in the capsule of the mind, which may be imagined as being larger than our physical universe or smaller than an atom. In this capsule, there is a struggle for supremacy between "contributors" and "competitors". These translate to thoughts of "what can I give?" and "what can I grab?" respectively. Inner riches come from giving and inner poverty comes from grabbing. Hard as it may seem, it is best if this battle is resolved in the mind, rather than learning hard lessons from the bitterness that eventually follows runaway desires. The Gladiator's Mind, is a metaphorical analysis, set in a historical context, of this everyday occurrence in the human mind.

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