



## Seeds for the Soul: Living as the Source of Who You Are

Chuck Hillig

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#### Seeds for the Soul: Living as the Source of Who You Are Chuck Hillig

Combining the wisdom of eastern philosophy with the principles of western psychology, Chuck Hillig presents a readable and compelling worldview that speaks directly to the reader's mind, heart, and soul. He points the way to true happiness for those who have struggled to find peace of mind and suggests that surrendering our idea of control over life is the path to fulfillment.



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