



# **Austin Breakfast Tacos: The Story of the Most Important Taco of the Day (American Palate)**

*Mando Rayo, Jarod Neece*

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Fresh tortillas, fluffy huevos con bacon and spicy salsa--good morning, Austin. Or good afternoon, evening, night--whenever From taco tailgates to taquerias, there is a taco for every occasion and persuasion. Some say that it was born in the days of cowboys and vaqueros, and others say it was a creation of the Tex-Mex culture, but one thing is certain: the breakfast taco has taken over the Capital City. From South Congress to North Austin, neon and chalkboard signs tempt hungry passersby with their best morning-time handheld bites. With over forty breakfast taco recipes, Mando Rayo and Jarod Neece investigate (and masticate) the history, culture and traditions of that indelible and delectable Austin treat: the breakfast taco..

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