

# The No-Cry Separation Anxiety Solution: Gentle Ways to Make Good-bye Easy from Six Months to Six Years: Gentle Ways to Make Good-bye Easy from Six Months to Six Years

Elizabeth Pantley

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A tear-free approach to child separation blues-from the bestselling 'No Cry' author a generation of parents have come to trust>

Almost every child suffers some sort of anxiety during their first six years of life. Babies cry when grandparents hold them, toddlers cling to mommy's leg, children weep when their parent leaves them at daycare, at school, or to go to work. This can cause frustration and stress in an already too-busy day and can break a parent's heart. Trusted parenting author Elizabeth Pantley brings you another winning no-cry formula that helps you solve these common separation issues. Pantley helps you identify the source of anxiety and offers simple but proven solutions. In this exciting addition to the series, she ingeniously includes a free "magic" bracelet inside the book as a special tool for children to feel close to their parents-even when they're not together. This successful method gives anxious children something to remind them their parents aren't too far away-instantly providing them with the comfort and reassurance they need.



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