



Los duelos en la vida (Spanish Edition)

Isa Fonnegra y Liliana Jaramillo

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Este es un acompañamiento para aportar una luz a quienes sufren por una pérdida y brindar herramientas que ayuden a dolientes, familiares, amigos y profesionales a identificar y sobrellevar los diferentes momentos del duelo y fortalecerse con la experiencia.

La reconocida psicóloga y tanatóloga Isa Fonnegra de Jaramillo y su hija y colega Liliana Jaramillo comparten sus observaciones, ideas y aportes sobre diferentes acontecimientos trágicos como la muerte de los padres, de un hijo o de la pareja, las desapariciones, la pérdida de la salud o de la juventud, entre otros.

A partir del reconocimiento de lo particular de cada duelo es diferente si se murió un padre o un hijo, si falleció por una larga enfermedad o por un acto de violencia, si se tenía una buena o una mala relación con el difunto, así como del respeto por la singular forma de cada uno de afrontar el dolor y las pérdidas, el libro que tiene en sus manos ofrece unas palabras esclarecedoras que orientan este recorrido e iluminan el camino incierto del duelo.

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