



# Cuisine du Moi: The Heart of My Passion

*Gavin Canardeaux*

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## **Cuisine du Moi: The Heart of My Passion** Gavin Canardeaux

Honorary Governor of the Stationary Food Movement, Consultant Chef de Chef to the United Nations, patron of the Canardeaux Foundation for Children Without Seafood, and committed Awareness Band Wearer, Gavin Canardeaux is the crème de la crème of the cooking world. Dividing his precious time between London, Sydney, and New York, his wife and girlfriends and horses, his classic car collection, and his children, Gavin also manages to run his restaurant, Cuisine du Moi, largely via videoconference. More than a cookbook, this is Gavin's philosophy and way of life, and is packed with his insights, thoughts, and half-crazed theories. Bitingly hilarious and darkly delicious, this is a dead-on lampoon of today's most infamous celebrity chefs.

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