



Black Woman Redefined: Dispelling Myths and Discovering Fulfillment in the Age of Michelle Obama

Sophia Nelson

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It's time for a REDEFINITION among black women in America.

In its 2011 hardcover release, *Black Woman Redefined* was a top-selling book and took home a 2011 Best Non-Fiction Book of the Year Award from the African American Literary Awards. Author Sophia A. Nelson won the 2012 Champions of Diversity Award, given each year by diversity business executives in Fortune 100 companies.

Black Woman Redefined was inspired in part by what Nelson calls “open season on accomplished black women”: from Don Imus’s name-calling of black female basketball players in 2007 and a 2009 Yale University study titled “Marriage Eludes High-Achieving Black Women,” to the more recent revelation that First Lady Michelle Obama is concerned about being painted as an “angry, black woman.”

In *Black Woman Redefined*, Nelson sets out to change this cultural perception, taking readers on a no-holds-barred journey into the hearts and minds of accomplished black women to reveal truths, tribulations, and insights like never before.

This groundbreaking book provides black women of a new generation with essential career and life-coaching advice. Based on never-before-done research on college-educated, career-driven black women, Nelson offers her fellow “sisters”—and those who know, love, and work with them—a feel-good volume for personal and professional success that empowers them without tearing others down.

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