



Ara's Knights: Ara Parseghian and the Golden Era of Notre Dame Football

Frank Pomarico, Ray Serafin

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The ultimate insider's account of a renowned coach and the athletes he inspired

With this memoir, former Notre Dame captain Frank Pomarico shares with readers what it was like to play for legendary coach Ara Parseghian, a leader whose guidance extended beyond the playing field and whose tips still inspire his players. The book culminates with the 1973 Sugar Bowl, the climactic and memorable game between Bear Bryant's undefeated Alabama squad and Ara's undefeated Fighting Irish. Pomarico's story is amplified by interviews with dozens of former players and coaches whose lives were changed by their experience with the coach. Parseghian was one of the most successful college coaches ever, and the young men who played for him learned about much more than just blocking and tackling. *Ara's Knights* is the ultimate insiders' look at one of the great periods in Notre Dame football history.

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