

Twin Set: Moms of Multiples Share Survive and Thrive Secrets

Christina Boyle, Cathleen Stahl



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If you're a new mom of multiples, it can be hard to find advice and enough people in your life who "get it" or give you the support you need. Luckily, there's *Twin Set: for moms of twins, by moms of twins. Twin Set* provides a parent-to-parent support network—based on an exclusive national survey of more than 300 moms of multiples—and shares indispensable, mom-tested, solution-oriented advice . . . and a few laughs along the way. There's also a Mommy Doc and Daddy Doc onboard, two pediatricians who contribute medical perspectives on various issues, in addition to special features from experts ranging from a financial planner to a nutritionist—many parents of twins themselves! *Twin Set* includes:

- Answers to your biggest twin pregnancy questions
- Advice on handling the emotional impact of premature delivery
- Lessons on feeding, bathing, and dressing your twins, taking them out, and putting them to bed
- Tips from dads of twins, for dads of twins
- Solutions for managing twice the laundry, bottles, spills, and other messes
- Options for multiples child care, from birth through school age
- Insights into twin bonding, development, and safety
- Lists of essential twin resources, gear, and equipment

This encouraging and essential guide will help you savor—not just survive—life as a time-crunched mom of multiples.

From the Trade Paperback edition.

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From reader reviews:

Kerri Goodman:

Playing with family in the park, coming to see the ocean world or hanging out with good friends is thing that usually you may have done when you have spare time, subsequently why you don't try thing that really opposite from that. A single activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love Twin Set: Moms of Multiples Share Survive and Thrive Secrets, you could enjoy both. It is very good combination right, you still would like to miss it? What kind of hang-out type is it? Oh can happen its mind hangout people. What? Still don't buy it, oh come on its known as reading friends.

Joan Jackson:

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