



The Men on My Couch: True Stories of Sex, Love and Psychotherapy

Brandy Engler, David Rensin

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WHAT MEN WANT. WHAT MEN FEEL. WHAT WOMEN NEED TO KNOW.

When Dr. Brandy Engler opened her sex therapy practice for women in Manhattan, she got a big surprise. Most of the calls were from men. They wanted to talk about womanizing, porn addiction, impotence, prostitutes—and most of all, love.

Her patients were everyday guys from all walks of life. Among them were David, the Wall Street hotshot and compulsive womanizer; Charles, an introvert who kept pushing away the fiancée he thought was too beautiful for him; Paul, the self-made man who visited massage parlors despite his sexy wife; and the men's group whose stark revelations about male anger and their search for the right woman will open your eyes. In *The Men on My Couch*, Dr. Engler allows readers inside those private sessions to witness her exciting and evocative encounters with what men desire and fear.

Dr. Engler tells her own story, too. At first her patients' revelations are painful and disconcerting, especially against the backdrop of her own difficult love affair. Yet Dr. Engler lets readers experience how she evolves both professionally and personally, from chagrin to compassion, and reconciles her idealized notions of love and sex with the unexpected and raw truths she hears in the office.

The Men on My Couch is unlike books you've read before. There are no tired facile conclusions or pejorative generalizations. Here are fresh insights into modern sexual maladies, gleaned from real people having real struggles and experiencing real epiphanies—in the real world.

This book will change how both women and men think about love, sex, and desire.

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Christopher Melendez:

A lot of people always spent all their free time to vacation or maybe go to the outside with them friends and family or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, or playing video games all day long. If you would like try to find a new activity this is look different you can read some sort of book. It is really fun to suit your needs. If you enjoy the book which you read you can spent the entire day to reading a e-book. The book The Men on My Couch: True Stories of Sex, Love and Psychotherapy it is rather good to read. There are a lot of individuals who recommended this book. We were holding enjoying reading this book. In the event you did not have enough space to develop this book you can buy the particular e-book. You can m0ore effortlessly to read this book from your smart phone. The price is not too costly but this book has high quality.

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