



# **A Straight Talking Introduction to Psychiatric Drugs (Straight Talking Introductions)**

*Joanna Moncrieff*

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Psychiatric drugs and their use are amongst the most hotly debated issues in the 21st century. How they work, whether they are effective and how to understand the evidence, and explanations of the major categories of psychiatric drugs are all covered in this clearly written guide. The competing theories of drug action are also explained in easy-to-understand terms. Here, Joanna Moncrieff arms you with some of the information you'll need to make informed choices about psychiatric drugs. She provides an honest account of the uses of medication, when it is advised and what effects it may have. The book concludes with gives practical advice on the right questions to ask if you are prescribed medication for mental health problems and what happens on withdrawal of medication.

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