



# Slouching Toward Adulthood: How to Let Go So Your Kids Can Grow Up

*Sally Koslow*

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A witty and insightful report from the parenting trenches by the mother of two "adultescents"

Millions of American parents sit down to dinner every night, wondering why fully grown children are joining them—or, more likely, grunting good-bye as they head out for another night of *who knows what*. Sally Koslow, a journalist, novelist, and mother of two "adultescents" digs deep to reveal what lies behind the current generation's unwillingness—or inability—to take flight.

By delving into the latest research and conducting probing interviews with both frustrated parents and their frustrated offspring, Koslow uses humor, insight, and honest self-reflection to give voice to the issues of prolonged dependency. From the adultescents' relationship to work (or no work), money (that convenient parental ATM), or social life, *Slouching Toward Adulthood* is a provocative, razor-sharp, but heartfelt cri de coeur for all the parents who sent their kids to college only to have them ricochet home with a diploma in one hand and the DVR remote in the other.

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