

From Dawn to Dusk

Judith Hubback

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Jungian analyst Judith Hubback is interested in studying change and the resistance to it in both patients and analysts, as well as enabling people to develop their full potential. She describes how she became a leading analyst in mid-life after working as a teacher, journalist, broadcaster and social researcher. The author reveals how she assisted patients in finding their own inner helper and how a special kind of listening can foster therapeutic relating. She traces her own psychological progress and experience in analysis; shares insights on the nature of analysis, spirituality, feminist issues and patients' dreams; and explores links between depth psychology and world affairs.



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