



Breakthrough!: Inspirational Strategies for an Audaciously Authentic Life

Janet Bray Attwood, Marci Shimoff, Chris Attwood, Geoff Affleck

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Breakthrough Your Barriers and Dare to Live an Authentic Life

You can live the life of your dreams, and *Breakthrough! Inspirational Strategies for an Audaciously Authentic Life* will show you how. Learn the secret that *New York Times* bestselling authors Janet Bray Attwood, Marci Shimoff, Chris Attwood, and 18 other experts know: you can consciously create the life you've always wanted.

Here you will find 22 strategies using wit, deep-insight, and heart-centered wisdom to empower you with the knowledge and motivation to create a life of abundance, happiness, health, and love. Covering topics from career to relationships to personal transformation, this international dream team of authors will show you how to finally breakthrough and live the life you were born to live.

No matter what your circumstances, there is a way to make a change, and this book will be your guide. You will find the inspiration and tools to create a life that is audaciously authentic in every way.

Contributors: Roger Seip, Ellen Rogin, Nancy Falconi, Gina Calvano, Susie Steadman, Jane Cavanaugh, Una Panting, Dr. Shannon South, Cliff Thomas MD, Shan McLean, Scott Werner, Leslie A. Klocek Pencak, Barbara Edie, Inger Pols, Josephine Auicello, Mary Knight, Maggie Dillon Katz, Wendy Nichols

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