



# Windowframes: Learning the Art of Gestalt Play Therapy the Oaklander Way

*Peter Mortola*

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How do children emotionally heal and regain equilibrium after suffering trauma? How do adults understand and help them in a therapeutic relationship? These questions are at the heart of Violet Oaklander's approach to play therapy and her methods for training adults to work with children and adolescents. In this text, Peter Mortola uses qualitative and narrative methods of analysis to document and detail Oaklander's work in a two-week summer training attended by child therapists from around the world.

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