



# Chiropractic Technique

*Thomas F. Bergmann, David H. Peterson*

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No other book offers a complete guide to chiropractic adjustive techniques! **Chiropractic Technique, 3rd Edition** makes it easy to understand essential procedures and provides a rationale for their use. Written by Thomas F. Bergmann, DC, FICC, and David H. Peterson, DC, and backed by the latest research studies, this bestseller describes the basic principles needed to evaluate, select, and apply specific adjustive procedures. With a review of chiropractic history, detailed descriptions of joint examination and adjustive techniques for the spine, pelvis, and extremities, and a companion Evolve website with how-to videos, this book is a must-have reference for students and clinicians.

- **Offers over 700 photos and line drawings** depicting the correct way to set up and perform adjustive procedures, clarifying concepts, and showing important spinal and muscle anatomy.
- **Includes up-to-date research studies** and methods for validating manual therapy.
- **Discusses mechanical principles** so you can determine not only which adjustive procedure to use and when, but also why you should choose one approach over another.
- **Organizes content thematically** with a discussion of practical anatomy, kinematics, evaluation, and technique for each joint.
- **Covers anatomy and biomechanics in detail**, along with adjustive techniques for the spine, extraspinal techniques, and additional techniques for special populations, helping you fully prepare for board examinations.
- **Covers the manipulable lesion** as a basis for treating disorders with manual therapy, including chiropractic techniques.
- **Includes content on low-force techniques** to help you treat elderly patients and patients who are in acute pain.
- **Includes useful appendices** with clinical information as well as interesting historical information, including a feature on practitioners who developed specific techniques.
- **NEW Evolve website** with video clips of the author performing all the adjustive procedures in the book.
- **Updated and expanded content** covers new information on joint anatomy and assessment including Newton's laws and fibrocartilage, joint malposition, joint subluxation, history of subluxation/dysfunction, and sacroiliac articulation.
- **A procedure index** printed on the inside of the front cover makes it easier to find specific procedures.

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